

What is claimed is:

1. A method for making a shoe including a forefoot upper, a rearfoot upper, a forefoot sole, a rearfoot sole and an innersole, the forefoot and rearfoot uppers being divisions on the front and rear sides, respectively, of the arch of the shoe body, the forefoot and rearfoot soles being other divisions on the front and rear sides, respectively, of the arch, the innersole being laid in the formed shoe body, the method comprising the steps of: forming a forefoot part by joining the forefoot upper to the forefoot sole; forming a rearfoot part by joining the rearfoot upper to the rearfoot sole; and forming the shoe body by connecting the forefoot and rearfoot parts by detachably connecting the uppers of the forefoot and rearfoot parts by means of connecting means and detachably connecting the soles of the forefoot and rearfoot parts by means of other connecting means; wherein the connecting means for the forefoot and rearfoot soles is a fastener including parts provided for the soles, the fastener functioning as a shank.
2. A method according to claim 1 wherein the connecting means for the forefoot and rearfoot uppers is a fastener including parts provided for the uppers.

3. A method according to claim 1 wherein the fastener functioning as a shank consists of a female member and a male member which are detachably connected, and one of the female member and the male member is provided in an end of the forefoot sole and the other is provided in an end of the rearfoot sole.
4. A method according to claim 2 wherein the fastener functioning as a shank consists of a female member and a male member which are detachably connected, and one of the female member and the male member is provided in an end of the forefoot sole and the other is provided in an end of the rearfoot sole.
5. A shoe including a forefoot upper, a rearfoot upper, a forefoot sole, a rearfoot sole and an innersole, the forefoot and rearfoot uppers being divisions on the front and rear sides, respectively, of the arch of the shoe body, the forefoot and rearfoot soles being other divisions on the front and rear sides, respectively, of the arch, the innersole being laid in the formed shoe body, the shoe comprising: a forefoot part formed by joining the forefoot upper to the forefoot sole; a rearfoot part formed by joining the rearfoot upper to the rearfoot sole; connecting means for detachably connecting the soles

of the forefoot and rearfoot parts; and the innersole laid in the shoe body formed by connecting the forefoot and rearfoot parts by means of the two connecting means; wherein the connecting means for the forefoot and rearfoot soles is a fastener including parts provided for the soles, the fastener functioning as a shank.

6. A shoe according to Claim 5 wherein the connecting means for the forefoot and rearfoot uppers is a fastener including parts provided for the uppers.
7. A shoe according to Claim 5 wherein the fastener functioning as a shank consists of a female member and a male member which are detachably connected, and one of the female member and the male member is provided in an end of the forefoot sole and the other is provided in an end of the rearfoot sole.
8. A shoe according to Claim 6 wherein the fastener functioning as a shank consists of a female member and a male member which are detachably connected, and one of the female member and the male member is provided in an end of the forefoot sole and the other is provided in an end of the rearfoot sole.